

Nutrition Facts

Serving Size: (38g)

Servings Per Container: 6

Amount Per Serving

Calories 100

Calories from Fat 20

% Daily Value*

Total Fat 2g **3%**

Saturated Fat 0g **0%**

Trans Fat 0g

Cholesterol 0mg **0%**

Sodium 300mg **13%**

Total Carbohydrate 17g **6%**

Dietary Fiber 5g **20%**

Sugars 0g

Protein 4g

Vitamin A 0%

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Vitamin C 0%

Calcium 0%

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Iron 6%

* Percent Daily Values are based on a 2,000 calorie diet.